

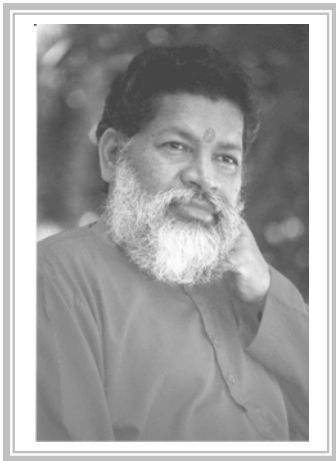
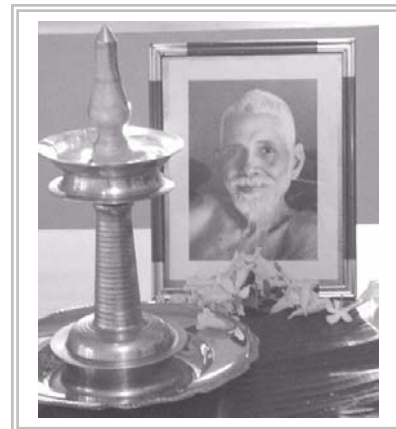
Ramana Maharshi's *Upadesa Saram*

The Essence of Advaita Vedanta

Retreat with Swami Bodhananda

June 23-25, 2006

Venue: Wainwright House 260 Stuyvesant Avenue, Rye, NY



Upadesa Saram is a lilting composition of profound wisdom from the pen of Bhagavan Ramana Maharshi. It gives the essence of the entire Vedanta teachings that takes the reader to Self-realization. In 30 couplets Ramana defines the goal of spirituality and the paths that lead to spiritual unfoldment. He defines the ultimate goal as effortless abidance in the immortal Self. He also discusses the four paths: 1) the path of *karma*; 2) the path of *bhakti*; 3) the path of *yoga*; and, 4) the path of *jnana*. For Ramana Maharshi, God-realization is Self-realization. Ramana Maharshi is known for introducing the direct path of enquiry *sans* the study of scriptures, and this text deals exhaustively with Ramana Maharshi's direct path to Self-knowledge.

For information and reservations, Contact SDabral@aol.com Ph: (914) 478-7533

NY Retreat Registration Form

Name of Participants:		
Participant 1:		
Participant 2:		
Email:	Phone:	Date of Registration:
Current address:		
City:	State:	ZIP Code:
Registration Type: <i>(Please circle)</i> Residential - Quad or Double Room Non Residential	Number of Participants:	Donation Amount (\$): Donation Mode:
Emergency Contact		
Name of a relative not at the retreat with you:		
Address:		Phone:
City:	State:	ZIP Code:
Relationship:		
Signatures		
Signature of applicant:		Date:

Retreat Registration Information

Suggested Donation: Residential* \$200 (per person): Non-Residential \$150 (per person)

Shared rooms. Double rooms if available will be extra @ \$50 per person.

Registration after June 15, 2006 will be charged @ \$250 per participant

All rates include participation fee and vegetarian meals.

For Information or Registration Contact: 914-478-7533

Mail to: Sambodh Center at 52 Donald Drive, Hastings, New York 10706

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1826 Charter Avenue, Portage, MI 49024 Phone: (269) 327-3774

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