



Oct 1st , 2007

Dear Friends and Hosts of Swami Bodhananda,

I am happy to inform everyone that Swamiji will be in New York from Oct 11th - 15th. We are also thrilled to announce our third of its kind ***Gyan (Knowledge) Retreat on Sri Adi Shankaracharya's text on Atma Bodha on Knowledge of the Self*** over the weekend with Swamiji at the beautiful beachfront Wainwright House in Rye, New York.



It will be a weekend spent in blissful contemplation, away from daily routines and in the presence of an enlightened teacher who will energize you. Come undertake this journey with Swamiji into the minds of ancient rishi's. His inspired talk will leave footprints in your minds that you can follow everyday. The gems of knowledge from Vedas and Upanishads will enrich your life and uplift your thinking.



Please see attached flier for additional details and to register for the retreat.

Swami Bodhananda is an engaging speaker with a lively humor and a keen sense of observation. His knowledge of Vedanta is flawless as also his adaptive rendering of ancient Vedantic wisdom to modern individual's needs in helping people apply spiritual principles and practices to their immediate environment. Swami Bodhananda eloquently answers questions on Interfaith topics and Spiritualism and on subjects as varied as Yoga, Meditation, Consciousness, God, Ethics, Happiness, Karma, Destiny, Fear and Spiritual Freedom and much more, for both the Hindu and non-Hindu audience, synthesizing 7000 years of traditional wisdom.

To learn more about Swamiji, visit the website of The Sambodh Society Inc. USA and Sambodh Foundation India at: www.sambodh.com/swami.html and sambodh.org/ .

The participant fee includes 7 Discourse Sessions by Swami Bodhananda and written text in English and Sanskrit, Special Puja (material supplied), Morning Meditation, Music and Chanting. Morning of 14th will begin with Dhanvantari Mantra Chanting with Swamiji followed by a very Special Archana for health and harmony in life and beyond by each participant under Swamiji's auspices. All participants will be served vegetarian meals.

You may give discretionary Dakshina at the feet of the Guru on 14th. All donations to The Sambodh Society, Inc. and Sambodh Center for Human Excellence are tax deductible. If you are interested in sponsoring any event please contact me.

Please extend this invitation through word of mouth or by forwarding this letter, to your friends and family and gift them a chance to learn from a great spiritual teacher.

In service to my Guru.

Hari OM!

Sincerely

Sharad Dabral

52 Donald Drive, Hastings, New York 10706

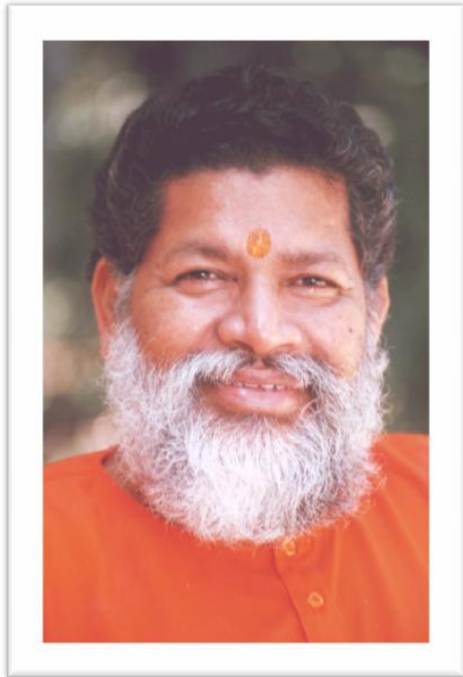
Tel: 914-478-7533; Email: Sdabral@aol.com



Swami Bodhananda Saraswati on

Sri Adi Shankaracharya's's Atma Bodha

The Knowledge of the Self

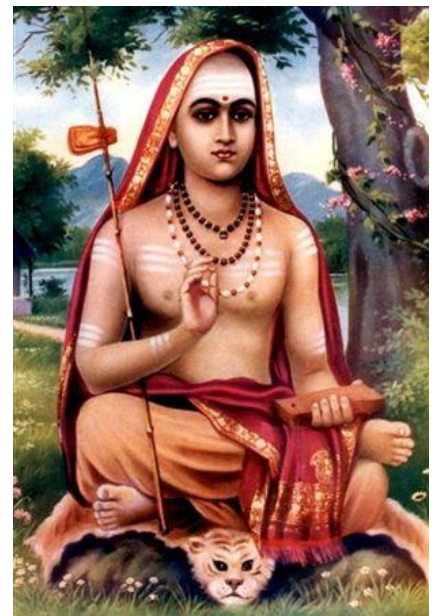


... for the serious seeker

"There are 68 verses in this beautiful composition, each verse a formidable combination of logical arguments and picturesque similes and metaphors, inspiring both the heart and the head into an integral vision of Oneness. We also get tips for meditation from this greatest ever Vedanta master."

Swami Bodhananda Saraswati

Atma Bodha: is a comprehensive text book of Vedanta, the science of life and happiness. The Objective materialistic sciences are not fully competent to unravel the mystery of life nor to unlock the secret of Happiness. Through the teaching of Atma Bodha, Sankaracharya takes us directly into the source of life, the Atman and helps us interpret and experience life and the world from the spiritual standpoint. The listener/participant undergoes a cognitive and attitudinal change and comes to abide in his/her natural happiness. The exposition of Swami Bodhananda will probably be a life transforming experience.



3rd Sambodh Society Gyan Retreat in New York

Wainwright House, 260 Stuyvesant Avenue, Rye, NY 10580

Oct 12th – 14th, 2007 from Friday 8:00 pm to Sunday 3:00 pm (Sat 7:30 am-9:30 pm. Sun 7.15 am-3.00 pm)

Residential* \$250 per person; **\$450** per couple: **Non-Residential \$175** per person; **\$300** per couple

Shared rooms. Double rooms if available will be extra @ \$50 per person.

For Information or Registration Contact: 914-478-7533

Sponsored By: The Sambodh Society, Inc. and Sambodh Center for Human Excellence. 1826 Charter Avenue, Portage, MI 49024 Phone: (269) 327-3774; Website: www.Sambodh.com Email: SambodhSociety@Sambodh.com
All donations to The Sambodh Society, Inc. and SCHE are tax deductible

**Register
before
Oct 7th
and save
\$25!!!**



"When you go to the Ocean (of God) you can take as much water as you want. It all depends upon the vessel you take to the ocean. It depends on how pure you are."

Schedule of Retreat Programs

Friday Oct 12

5.30 - 8.00 pm

Registration

8.00 - 9.30 pm

Pizza and Salad Dinner

9.30 - 10.30 pm

Introduction by Swamiji

Participant Kirtan and Chanting

Saturday Oct 13

7.30 - 8.00 am

Meditation with Swamiji

8.30 - 10.00 am

Breakfast

10.00 - 12.00 pm

Session I – Atma Bodha

12:00 - 1:00 pm

Lunch

1.00 - 2.00 pm

Break

2:00 - 4.00 pm

Session II – Atma Bodha

4.00 - 5:00 pm

Tea

5.00 - 6.30 pm

Session III – Atma Bodha

6.30 - 7.00 pm

Meditation with Swamiji

7.00 - 8.00 pm

Dinner

8.30 - 9.30 pm

Special Chanting and Kirtan with TBD

Sunday Oct 14

7.15 - 8.30 am

Shower and Coffee/Light Breakfast*

8.30 - 9.30 am

Special Chanting & Dhanvantri Puja with Swamiji

9.30 - 10.30 am

Breakfast

10.30 - 12.30 pm

Session IV – Atma Bodha

12:30 - 1:30 pm

Lunch

1.30 - 2.30 pm

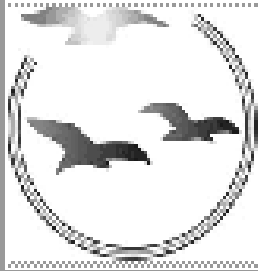
Concluding Session V – Atma Bodha

2:00 - 3.00 pm

Chanting Text with Swamiji

3.00 - 5:00 pm

Individual Meetings and Blessings



REGISTRATION FORM SAMBODH GYAN RETREAT

Wainwright House, 260 Stuyvesant Avenue, Rye, NY 10580

Oct 12 – Oct 14, 2007

Registration Information

Name of Participants:

Participant 1:

Participant 2:

Email :

Phone:

Date of Registration:

Current address:

City:

State:

ZIP Code:

Registration Type: *(Please circle)*

Residential - Quad or Double Room

Non Residential

Number of Participants:

Donation Amount (\$)

Donation Mode:

Emergency Contact

Name of a relative not at the retreat with you:

Address:

Phone:

City:

State:

ZIP Code:

Relationship:

Signatures

Signature of applicant:

Date: